

Enid Blyton Dorset Trail – Whispering Island

Kit List for a Soulful Retreat to Brownsea Island (Inspired by "Five Have a Mystery to Solve")

This enchanting escape invites you to explore secret islands, ferry across glittering waters, and connect with the wild and whimsical spirit of Enid's imagination. Perfect for nature lovers, storytellers, and soulful wanderers.

Essentials

- ☐ **Valid ID**
 - ☐ **Reusable water bottle**
 - ☐ **Small backpack or day bag**
 - ☐ **Journal & pen**
 - ☐ **Phone & Charger**
 - ☐ **Any necessary medication**
 - ☐ **Snacks for the journey**
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Overnight Needs

- ☐ **Earplugs / sleep mask** (if you're a light sleeper)
 - ☐ **Toiletries** (toothbrush, toothpaste, soap, deodorant, shampoo etc.)
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Clothing

- ☐ **Comfortable walking shoes/trainers**
 - ☐ **Warm layers** (fleece or jumper for evenings)
 - ☐ **Waterproof jacket & trousers** (just in case of rain)
 - ☐ **Comfy loungewear / pyjamas**
 - ☐ **Day outfits** (easy layers for exploring)
 - ☐ **Socks & underwear** (enough for 3 days)
 - ☐ **Sun hat / cap** (remember sun cream and aftersun)
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Wholesome Extras (Optional but Lovely)

- ☐ A copy of Enid Blyton Five have a mystery to solve (for fireside reading or sharing)
- ☐ A small token or charm for your storytelling circle

- ☐ Reusable cup or flask
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For the Memories

- ☐ Phone or camera for photos
 - ☐ A tiny object to remind you of your journey (you'll know it when you find it)
 - ☐ Sketchbook or drawing pad (optional, for artistic expression)
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We'll take care of the rest: travel, meals, guided adventures, attraction tickets, and all the magic.